

14

SIXTH ANNUAL REPORT

OF THE STATE OF THE

UNITED LUNATIC ASYLUM,

FOR THE

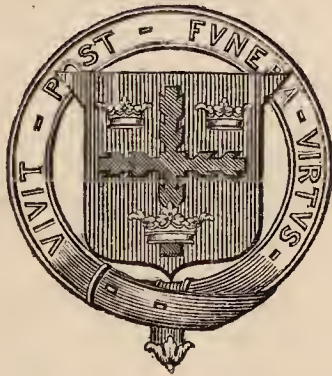
County and Borough of Nottingham,

AND THE

FIFTY-FIRST OF THE ORIGINAL INSTITUTION,

FORMERLY

THE GENERAL LUNATIC ASYLUM.



YEAR 1861.

NOTTINGHAM:

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1862.



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Officers for the Year 1862.

WILLIAM VICKERS, ESQ., CHAIRMAN.

COMMITTEE OF VISITORS.

APPOINTED BY THE JUSTICES OF THE COUNTY OF NOTTINGHAM.

THE RIGHT HON. EARL
MANVERS

J. S. GREGORY, ESQ.

H. SHERBROOKE, ESQ.

W. H. BARROW, ESQ., M.P.

C. PAGET, ESQ. M.P.

J. T. EDGE, ESQ.

J. B. TAYLOR, ESQ.

R. MILWARD, ESQ.

W. NEEDHAM, ESQ.

R. BIRKIN, ESQ.

S. B. WILD, ESQ.

THE REV. J. D. BECHER

THE REV. T. C. CANE

THE REV. G. F. HOLCOMBE

APPOINTED BY THE COUNCIL OF THE BOROUGH OF NOTTINGHAM.

T. CULLEN, ESQ.

T. ADAMS, ESQ.

L. HEYMANN, ESQ.

W. VICKERS, ESQ.

W. PARSONS, ESQ.

T. BALL, ESQ.

W. PAGE, ESQ.

Other Officers.

TREASURER.

H. SMITH, ESQ.

RESIDENT PHYSICIAN AND SUPERINTENDENT.

W. PHILLIMORE STIFF, M.B.

CHAPLAIN.

REV. W. H. WYATT.

ASSISTANT MEDICAL OFFICER.

J. SUTTON, M.D.

CLERK.

MR. KEMP SANBY.

MATRON AND HOUSE-KEEPER.

MISS MOTSON.

STORE-KEEPER.

MR. TEMPLE.

TO THE
COURT OF QUARTER SESSIONS
FOR THE COUNTY,
AND TO THE
Town Council of the Borough of Nottingham.

THE Committee of Visitors to the County and Borough of Nottingham Lunatic Asylum at Sneinton, present the following Report of their proceedings for the year now drawing to a close, in conformity with the Act of Parliament under which they are appointed :—

On the 1st January, 1861, the number of patients remaining in the house was 274, namely, 147 males, and 127 females. Since then there have been admitted to the 18th of December, 1861, 116, namely, 65 males, and 51 females, making under treatment 390, viz., 212 males and 178 females during the year. The discharges and deaths have not kept pace with the admissions, so that there is an increase in the gross numbers.

The recoveries have been 31, relieved 2, not improved 19. These last were chiefly harmless chronic cases and transfers. There have been 37 deaths. These changes amount to 89. The excess in the admissions over the discharges has therefore raised the number of Lunatics in the Asylum, so that at the present time there are 301 persons, of whom 156 are males, and 145 females, besides 6 males who are temporarily accommodated at the Lincolnshire Asylum.

There is yet room for 10 male and 6 female Patients, which is somewhat beyond the number that the Asylum was estimated to hold, the room for which has been obtained by making use of all the available space in the corridors and dormitories.

The pressure for room on the men's side of the house became so inconvenient during the spring months that it was deemed desirable to make such efforts as would obviate the necessity of closing the Asylum to any new cases. Seven male Lunatics, who it was thought might with propriety be taken care of either at the Workhouse or by their friends, were discharged on May 15th. Three of these have already been returned as unmanageable.

Subsequently, the friends of four other Patients were allowed to have them at home, one of whom has been returned. An agreement has also been entered into with the Lincolnshire Asylum to receive six Patients belonging to the county of Nottingham, who were accordingly removed and now remain there.

During the last few years 83 Patients of the harmless class have been dismissed, and of these 31 have been re-admitted up to the present time.

The steady increase in the number of Lunatic cases has rendered it necessary that the Committee of Visitors should consider the desirability of providing permanently for the admission of a greater number of Patients. They have therefore directed their attention to the enlargement of the male side of the Building, and having given instructions to Mr. Jalland, their Surveyor, plans have been prepared by him to admit of 40 additional male Patients, at a cost, exclusive of Furniture and Fixtures, not to exceed £1,600. These plans are being submitted to the Commissioners in Lunacy, and if finally approved by them, and the estimates confirmed by the Secretary of State for the Home Department, such plans and estimates will be submitted to the Court of Quarter Sessions for the County, and to the Town Council of the Borough.

It must, however, be obvious that it will very soon be necessary to make a like provision for females. And it will be a question

for grave consideration, looking to the increase of population, and with it the steady increase of insanity, whether the expenditure of any large sum of money in the enlargement of the present Building would be equally economical with that of looking to a new site and new arrangements altogether.

At the first quarterly meeting the weekly charge for the maintenance of Pauper Patients was fixed at 7s. 9d. per week for males and females equally; this rate was continued for the first six months in the year. This charge did not include the cost of articles comprised under the head of Furniture and Bedding. In June last a letter was received from the Town Clerk of the Borough, submitting that these items before mentioned could not be legally charged to the Repairs and Fabric Account.

It was then agreed that these expenses should be transferred to the Maintenance Account, and an addition made to the weekly rate of sixpence, thus raising the charge to the Parishes to 8s. 3d., at which it now stands.

The Asylum and the Patients have been regularly inspected every two months, in compliance with the Statute, by two or more Visitors, and have been reported by those Visitors as satisfactory.

The Commissioners in Lunacy, in their Report of September, 1860, having urged the desirability of appointing an Assistant Medical Officer, the Committee have, in conformity with that wish, appointed Dr. John Sutton, who they have reason to believe, renders good service in the Medical Department of the Establishment.

The Office of Store-keeper having become vacant by the resignation of Mr. Tippet, Mr. T. C. Temple has been elected to that office, and is discharging the duties to the satisfaction of the Committee.

The want of harmony which had prevailed amongst the Officers of the Establishment for some time past led to the resignation of Miss Mathews, as Matron, and Miss E. Motson of the Hanwell Asylum, has been appointed in her place, to discharge the duties of

Matron and Housekeeper, and which she is expected to enter upon early in January next.

The decayed portions of the basement of the Building have been removed, and such decayed parts replaced, and the rest pointed and repaired. The roof of the Large Room of the Laundry has been well torched and ceiled, and fitted with ventilators, at an expense of £34. This room now serves the double purpose of Ironing-room and Recreation Hall, being used with great advantage for Concerts and other amusements for the Patients. This arrangement has rendered unnecessary the providing another Recreation Room, as suggested by the Commissioners in Lunacy.

The Lunacy Commissioners have visited the Asylum, and made their Annual Report, which will be appended to the statistical and other documents usually printed before the month of March.

In conclusion the Committee have every reason to be satisfied with the general management of the Asylum, as well as with its actual condition and resources.

WILLIAM VICKERS,

CHAIRMAN.

DECEMBER 30TH, 1861.

Annual Report of the Superintendent.



MR. CHAIRMAN, MY LORD, AND GENTLEMEN,

IN accordance with the usual practice, it becomes my duty to present the Annual Statement for the year 1861; the general results of which are found in the subjoined Table:—

				M.	F.	T.
Patients remaining December 31st, 1860				147	127	274
Ditto admitted during 1861				69	52	121
Total under Treatment				216	179	395
				M.	F.	T.
Discharged recovered ..				16	15	31
,, relieved ..				0	2	2
,, not improved..				19	0	19
Died				21	18	39
				56	35	91
Remaining December 31st, 1861				160	144	304

The admissions, 121, are 23 in excess of last year; and the increase may be attributed to a combination of causes: first, to the increase of the general population supplying a larger proportion of cases; secondly, to the pressure of the times producing a greater amount of poverty and disease; and lastly, to the circumstance that the admission of Lunatics into the Asylum is facilitated by the more frequent adoption of that clause in the Act of Parliament which empowers the Clergyman and the Relieving Officer to act in the place of a Justice of the Peace.

The gross increase in the number of Patients at the close of the year amounts to 30 ; and, as I remarked in a former Report, the accumulation of Patients is augmented by the lengthened term of residence which the permanent and incurable character of the majority of the cases admitted demands. The latest Parliamentary Returns show that the mean term of treatment, or, in other words, the average duration of confinement in an Asylum, Hospital, or Licensed House, is 2.68 years for males, and 3 years exactly for females. These figures include private Patients in Hospitals and Licensed Houses ; but if the calculation had been limited to Paupers in County Asylums, the average duration would have been found still greater.

More men have been sent into the Asylum than women, although there is a greater number of female Lunatics existing in the county than male. This is explained on the grounds that the form of insanity is more severe in the male sex ; and also that women can be usefully occupied in domestic duties amongst their friends or in Workhouses, whilst there is a greater difficulty in providing employment for men out of an Asylum.

The recoveries are 31, or 25.61 per cent. on the admissions. The deaths 39, or 13.31 per cent. on the daily average resident, and 9.87 per cent. on the total number under treatment.

The causes which tend to the production of the malady are always a subject of interest to the public. These were, in the order of their frequency, the Hereditary Disposition, Epilepsy, Chronic Diseases of the Brain, Intemperance, &c. Of all the causes of insanity the last named is the most preventable. The temporary stimulating effects of alcoholic beverages upon the nervous system are well known ; but the permanent morbid changes in the organism less so. Pathology demonstrates that the long continued abuse of this agent produces atheromatous disease of the arteries ; fatty and other degenerations of the heart, liver, and kidneys ; and, as might be expected, affects with special severity, a vascular organ like the brain, which has no excretory duct to eliminate the poison.

The recoveries, with one exception, took place in those cases in which the alleged duration of insanity before admission was less than one year; and, with a single exception, the discharges of those recovered took place within a year of their admission into the Asylum. From this we may infer that the shorter the period of the Patient's insanity before he is brought under treatment, the greater the probability of his cure: and that the cures are few after the first year of treatment.

Five Criminal Lunatics remained at the close of 1860; of these, one has died, and two have been removed to Bethlem Hospital. These last were found to be a source of expense to the Institution, on account of their destructive habits, and of danger to the more orderly Patients, owing to their homicidal tendencies. The remaining two are comparatively harmless, and will not require removal.

The number of cases considered curable is 42; (17 males, 25 females;) and of incurable, 262.

The use of mechanical restraint has been entirely avoided, but rest with seclusion, has been found beneficial. The advantages of rest are of equal importance in medical as in surgical practice.

No Patients have been refused admission during the year for want of room; provision having been made to relieve the crowded state of this Institution, by sending six to the Lincolnshire Asylum.

The general health of the Patients has been good. I have no suicide, serious accident, or escape to report: and there has been no occasion to hold an inquest during the year.

It will be seen by reference to the published Annual Accounts, and to the Abstract presented to-day, that the financial position of the Institution is sound. There has been a continuous increase in the amount of Cash in hand since December 31st, 1857, concurrently with several reductions in the weekly charges to the parishes, as shown in the following comparative statement:—

	Cash in Hand.			Total Assets.			Weekly Charge.			
							M.		F.	
	£	s.	d.	£	s.	d.	s.	d.	s.	d.
December 31st, 1857	243	6	2½	1805	10	7½	10	0	9	0
„ „ 1858	643	5	9	3221	9	1	9	0	8	0
„ „ 1859	1124	10	3	3925	17	4	8	6	7	6
„ „ 1860	1174	5	4½	3964	8	2½	8	3	7	3
„ „ 1861	1311	9	11½	3925	5	8½	7	9	8	3
							equally.			

In July an additional charge of sixpence per week was made to the equalised weekly rate of 7s. 9d. This alteration is due to the transfer of certain items from the Fabric to the Maintenance Account; and not to any increase of expenditure.

The various changes and improvements which have been effected in the Establishment during the year 1861, are given in detail in the Chairman's and the Commissioners' Reports.

I have the honour to be,

Mr. Chairman, my Lord, and Gentlemen,

Your obedient Servant,

WM. PHILLIMORE STIFF, M.B., LOND.,

SUPERINTENDENT.

COUNTY AND BOROUGH LUNATIC ASYLUM,

SNEINTON, NEAR NOTTINGHAM,

JANUARY 15TH, 1862.

Report of the Commissioners in Lunacy.



NOTTINGHAM COUNTY AND BOROUGH ASYLUM,
22ND AUGUST, 1861.

SINCE the 12th September, 1860, the date of our last visit, the changes in the Patients have been as follows:—

						M.	F.	T.
Admitted	67	46	113
Discharged	22	13	35
of whom recovered	13	11	24
Died	24	19	43

The Deaths were all from causes ordinary in Asylums ; although the mortality has been at the rate of 15 per cent. per annum upon the average numbers resident.

The Patients on the books are now 306 in number, viz., 167 of the male and 139 of the female sex.

With the exception of two women, absent on trial, we have seen all the Patients.

One man, received on the 19th instant, in a state of Acute Mania, destructive and dangerous, violent and impulsive, was, at the time of our visit, confined in a padded room. The remaining Patients, generally, were free from excitement, and orderly in their demeanour. Their personal condition as to cleanliness, clothing, and otherwise, was satisfactory.

The numbers last registered as under medical treatment, either for bodily disorders or their mental malady, were 17 in the male and 29 in the female division.

We have here to report, with satisfaction, the appointment, as Assistant Medical Officer, of Dr. Sutton, who entered upon his duties about six months ago. In the absence of Dr. Stiff, he accompanied us during our inspection, and afforded us the fullest information, in reference as well to the arrangements generally as to individual cases. In keeping the Case Book, a duty which chiefly devolves upon him, it is his undeviating practice to record the state of every Patient, at intervals not exceeding two months, in addition to special entries as to injuries or particular occurrences. Mechanical restraint is never employed, and the instances of seclusion are few.

On the Sunday prior to our visit the Patients who attended Chapel were 168 in number, viz., 99 men and 69 women, the extreme numbers which, at present, the Chapel will conveniently accommodate. Divine Service continues to be performed by the Chaplain also on Thursdays.

In reference to the present Chapel, we cannot avoid observing that, constructed as it has been within a few years, it is still inadequate, and otherwise unsuited to the wants of the Asylum, with its augmented and increasing numbers; and we avail ourselves of this occasion to record our opinion that the most desirable arrangement would be to erect a detached Chapel on the front ground, and to convert the existing Chapel into a general Dining and Recreation Hall.

According to the Ward Returns, the Patients employed in various ways, on the day before our visit, was as follows:—

Males.		Females.	
Garden and Grounds ..	20	Needlework and Mending ..	21
Kitchen and elsewhere ..	3	Kitchen and elsewhere ..	3
Workshops and in Trades ..	8	Laundry ..	28
Assisting in Galleries ..	50	Assisting in Galleries ..	11
Total ..	81	Total ..	63
Old and unable to Work ..	86	Old and unable to Work ..	74

The system of Night Attendance continues, as reported, to work most beneficially ; and the experience of this Asylum, as in others where the arrangement is carried out, is, that the rest of the Patients whom it is necessary to arouse, is practically unbroken.

The Patients wet or dirty during the night of the 20th instant were only 11 in number, viz., 8 in the male and 3 in the Female Division, one only of each sex being dirty.

We have to report, amongst other alterations and improvements since our last visit, the following :—

1. The large Ironing Room, at the Laundry, has been ceiled, and otherwise rendered more suitable for the purposes of recreation, such as Concerts, Dances, and Readings, which take place monthly.
2. New Ward Store Rooms have been provided in two Galleries in each Division.
3. The upper Corridors, formerly occupied as Day Rooms by the Private Patients, have been converted into Dormitories, containing each 14 Beds.
4. More Light has been obtained in several parts of the Main Building, by the insertion of Glass Panels in the Doors of Bed Rooms and Passages.
5. Considerable additions have been made to the objects of interest in the Galleries and Day Rooms, such as Birds, Fish Globes, Flowering Plants, also to Articles of Furniture of a comfortable kind.

As respects comfortable Furniture, and objects of interest, we recommend that more attention be given to the Lower Ward (No. 1) on the female side, and that it be assimilated to the Wards above.

We further submit, for the consideration of the Committee of Visitors, the expediency of providing more means of employment for the Patients of both sexes. All the Clothing is, we are informed, made in the Asylum: the Shoes, however, are stated to be all purchased.

The present Weekly Charge for the Pauper Patients of the County and Borough of Nottingham, male and female alike, is 8s. 3d. Down to the end of June last, the charge was only 7s. 9d., whilst the cost of Furniture and Bedding, estimated at 6d. per week, was charged to the Fabric Account.

The question of the legality of this arrangement having been raised on the part of the Borough Authorities, the alteration was made by transferring the 6d. to the Maintenance Account.

We have, in conclusion, to advert to the present state of the Asylum, as to numbers and accommodation. By using all the available space for Beds, the Asylum is calculated to accommodate 166 men, and 151 women, total, 317.

It appears, therefore, that the male Patients are now one in excess of their proper number, and that there are only 14 vacant Beds in the Female Division.

Three of the present female Patients belong to Parishes in other Counties, and for them 14s. per week is charged. All the remaining Patients are from the County or Borough of Nottingham. Such is the existing state of things—although several harmless, chronic Lunatics have, of late, been returned to Workhouses, or to the care of Friends. We have to add that, in several of the Dormitories, the numbers of Beds are too large, not allowing more than 450 cubic feet per Bed.

In these circumstances, and pending the consideration of the question of providing additional accommodation by an extension of the Asylum, an arrangement was, at the end of July last, entered into with the Visitors of the Lincoln County Asylum,

for the reception into that Asylum of 6 male Patients from the Nottingham Asylum, at 9s. 11d. per week each; and that number of male Patients is accordingly about to be transferred to the Lincolnshire Asylum.

We have satisfaction in adding that the Medical Records are carefully kept; and that the state of the Asylum in its several Departments, and its general condition and management, continue to be creditable to Dr. Stiff and the other Officers.

R. W. S. LUTWIDGE,	}	COMMISSIONERS IN LUNACY.
S. GASKELL,		

Appendix.

TABLE I.

CLASSIFICATION OF PATIENTS IN THE ASYLUM ON
31ST DECEMBER, 1861.

	M.	F.	T.
County Paupers	114	88	202
„ Criminals	1	1	2
Borough Paupers	37	46	83
Borough of Newark Paupers (not contributing)	7	7	14
Out-County Paupers (ditto)	1	2	3
Total ..	160	144	304

TABLE II.

SHEWING THE ALLEGED CAUSES OF INSANITY IN THE
ADMISSIONS, 1861.

PHYSICAL.	M.	F.	MORAL.	M.	F.
Hereditary	26	19	Disappointment	0	2
Former Attacks	8	5	Grief	0	2
Epilepsy	8	4	Poverty	1	2
Disease of Brain	11	1	Religious Excitement	0	2
Intemperance	4	1	Loss of Work	1	0
Congenital	3	1	Childbirth	0	1
Injury	1	0			
Scrofula	0	1		2	9
Typhus	1	0			
	62	32	Total	69	52
Unknown	5	11			

TABLE III.

SHEWING THE FORM OF INSANITY IN THE PATIENTS
ADMITTED.

	M.	F.
Mania, Acute	20	17
„ Chronic	11	7
„ Remittent	7	6
Dementia	1	1
Imbecility, from Age, Chorea	2	0
Melancholia	8	12
Congenital Idiocy	0	0
„ Imbecility	2	3
General Paralysis	8	1
Epileptic Mania	8	5
Moral Insanity	2	0
Total ..	69	52

TABLE IV.

STATISTICS FROM THE OPENING OF THE ASYLUM
ON FEBRUARY 12TH, 1812.

Private and Pauper Patients received up to August 1st, 1859.

Year.	Number of Admissions.	Recovered.	Relieved, on Trial, and Removed.	Died.	Remaining December 31st.	Total under Treatment.	Daily Average Resident.	Per Centage of Recoveries on Admissions.	Per Centage of Deaths on Daily Average.	Per Centage of Deaths on Total Number under Treatment.
1812	35	0	0	0	35	35	25	0	0	0
1813	40	11	15	4	45	75	45	27.5	8.88	5.33
1814	46	18	12	9	52	91	50	39.13	18.00	9.89
1815	61	21	22	3	67	113	63	34.42	4.76	2.65
1816	46	20	29	3	61	113	61	43.47	4.91	2.65
1817	31	16	22	7	47	92	50	51.61	14.00	7.60
1818	45	8	12	9	63	92	55	17.77	16.36	9.78
1819	32	17	26	4	48	95	52	53.12	7.69	4.21
1820	38	12	13	4	57	86	49	31.57	8.16	4.65
1821	35	12	17	2	61	92	58	34.28	3.44	2.17
1822	31	18	17	2	55	92	60	58.06	3.33	2.17
1823	47	17	12	2	71	102	60	36.17	3.33	1.96
1824	50	30	23	0	68	121	72	60.00	0.00	0.00
1825	45	24	17	5	67	113	74	53.33	6.75	4.42
1826	49	23	24	2	67	116	67	46.93	2.98	1.72
1827	71	23	22	8	85	138	72	32.39	11.11	5.79
1828	51	26	26	3	81	136	81	50.98	3.70	2.20
1829	51	23	16	4	89	132	84	45.09	4.76	3.03
1830	46	24	14	8	89	135	89	52.17	8.98	5.92
1831	43	28	11	9	84	132	85	65.11	10.58	6.81
1832	48	23	13	9	87	132	88	47.91	10.22	6.81
1833	49	21	23	8	84	136	86.5	42.85	9.24	5.88
1834	60	24	12	5	103	144	94	40.00	5.31	3.47
1835	74	32	15	12	118	177	112	43.24	10.71	6.77
1836	70	28	19	9	132	188	119	40.00	7.56	4.78
1837	57	32	12	12	133	189	129.5	56.14	9.26	6.34
1838	58	31	19	7	134	191	134.5	53.44	5.20	3.66
1839	58	26	15	8	143	192	138	44.82	5.79	4.16
1840	67	30	17	9	154	210	146.5	44.77	6.14	4.28
1841	55	32	9	15	153	209	152	58.18	9.86	7.17
1842	73	38	12	22	154	226	158	52.05	13.92	9.73
1843	90	42	28	15	159	244	158	46.66	9.49	6.14
1844	105	48	21	18	177	264	173.62	45.71	10.36	6.81
1845	85	35	13	14	200	262	190.77	41.17	7.33	5.34
$\frac{1}{2}$ -year	49	16	7	9	217	249	208.45	32.65	4.32	3.61
1846	124	53	24	24	240	341	224.80	42.74	10.67	7.03
1847	90	44	12	27	247	330	245.72	48.88	10.98	8.18
1848	83	41	14	22	253	330	253.41	49.39	8.68	6.66
1849	91	38	14	21	271	344	266.41	41.75	7.87	6.10
1850	21	19	21	14	238	292	249.16	90.47	5.61	4.79
1851	44	18	7	21	236	282	233.68	40.90	8.98	7.44
1852	39	20	3	14	238	275	240.49	51.28	5.82	5.09
1853	62	27	13	22	238	300	241.41	43.54	9.11	7.33
1854	42	18	7	20	235	280	239.16	42.85	8.36	7.14
1855	66	23	24	24	230	301	228.33	34.84	10.51	7.97
1856	89	30	49	17	223	319	216.17	33.70	7.86	5.32
1857	86	28	11	23	247	309	239.08	32.55	9.62	7.44
1858	114	36	40	26	259	361	255.60	31.35	10.17	7.20
1859	128	39	60	27	261	387	256.38	30.46	10.53	6.97
	2970	1263	884	562			6730	42.52	8.34	5.87

Pauper Patients only received after 1st August, 1859.

1860	98	39	5	41	274	359	268.83	39.79	15.25	11.42
1861	121	31	21	39	304	395	293	25.61	13.31	9.87

No. on Register.	Sex.	Age and Civil State when admitted.	Alleged Length of Time Insane when admitted.	Duration of Residence in the Asylum.	Supposed Cause of Insanity.	Form of Disorder.	Re-admissions from 1812 to 1861		
							M.	F.	T.
1131	F.	40 years—Married	6 weeks	212 days	Death of Child. Hereditary	Mania	276	221	497
1147	F.	66 " Widower	5 weeks	165 "	Hereditary	Melancholia	15	10	25
1178	M.	30 " Single	14 days	49 "	Not known	Mania			
990	F.	53 " Married	7 months	1 year & 304 days	Relapse	Mania			
1188	M.	43 " Married	14 days	66 days	Poverty	Mania			
1203	M.	37 " Married	7 days	53 "	Relapse	Mania			
1177	M.	11 " Single	2 years	131 "	Hereditary	Moral Insanity			
1119	F.	55 " Married	3 weeks	364 "	Relapse	Acute Recur. Mania			
1158	F.	18 " Single	2 months	233 "	Hereditary	Acute Mania			
1220	F.	32 " Married	3 days	48 "	Not known	Mania			
1172	M.	40 " Single	6 weeks	176 "	Relapse	Mania			
1165	M.	38 " Married	3 weeks	198 "	Hereditary	Acute Mania			
1191	F.	31 " Married	7 days	140 "	Hereditary	Mania			
1216	F.	38 " Married	14 days	77 "	Hereditary	Acute Mania			
1218	M.	43 " Married	1 month	114 "	Hereditary. Bad in his affairs	Melancholia			
1140	F.	58 " Widow	not stated	354 "	Relapse	Melancholia			
1138	M.	45 " Married	7 days	334 "	Loss of Work and Money	Acute Mania			
1143	M.	71 " Married	3 weeks	349 "	Hereditary	Melancholia			
1234	M.	15 " Single	14 days	83 "	Relapse	Mania			
1211	M.	14 " Single	6 months	157 "	Fall from a Horse	Moral Insanity			
1236	M.	46 " Married	7 days	97 "	Hereditary	Acute Mania			
1181	M.	17 " Single	14 days	230 "	Hereditary	Mania			
1195	F.	17 " Single	3 weeks	195 "	Disappointment in Love	Mania			
1217	F.	60 " Married	1 week	177 "	Hereditary. Relapse	Mania			
1231	F.	31 " Married	1 week	141 "	Deprivation of Food	Mania			
1242	M.	61 " Married	5 days	105 "	Excessive Drinking. Relapse	Mania			
1174	F.	71 " Married	2 months	305 "	Hereditary. Relapse	Acute Mania			
1179	M.	26 " Widower	not known	307 "	Not known	Mania			
1202	M.	46 " Married	12 days	236 "	Injury to head in childhood. Rel.	Melancholia			
1263	F.	55 " Married	9 months	59 "	Not known	Mania			
			1 day	30 "	Not known	Melancholia			
Total							291	231	522

TABLE VI.—RECOVERIES.

Register.	Sex.	Civil State.	when admitted.	time lapse before Admission.	in the Asylum.	Apparent Cause of Death.
789	M.	41 years—Married	Mania. Curvature of Spine	3 months	1 year 145 days	Bronchitis
1063	M.	Married	General Paralysis. Feeble	2 years	1 year 21 "	General Paralysis
1008	M.	Single	Chronic Mania. Fair. Deaf	12 years	1 year 183 "	Consumption
1169	M.	Married	Mania. Feeble	1 year	22 "	Age and Exhaustion
43	F.	"	Weakly	Not known	23 years 188 "	Consumption
1023	F.	Single	Mania. Weak	Not known	1 year 200 "	General Paralysis
1142	F.	Widow	Dementia. Weakly	8 years	141 "	Dementia
1160	F.	Married	Melancholia. Anæmic	2 months	84 "	Melancholia and Exhaustion
853	F.	Married	Chronic Mania. Good	Not known	3 years 11 "	Apoplexy
1056	M.	Married	General Paralysis. Weakly	2 years	137 "	Softening of the Brain
899	M.	Widower	Mania. Weakly	1 month	3 years 250 "	Scrofulous Caries of the Bones
686	F.	Married	Mania. Paralysis Agitans	6 months	5 years 151 "	Chorea
838	F.	Single	Dementia. Fair	15 months	3 years 114 "	Phthisis
11	F.	Single	Imbecility	Not known	33 years 282 "	Bronchitis
1180	F.	Married	Mania. Bedridden	14 days	47 "	Maniacal Exhaustion
977	F.	Single	Epileptic Dementia. Fair	20 years	1 year 327 "	Epilepsy
1092	M.	Married	Mania. Weakly	3 days	361 "	General Paralysis
699	M.	Single	Dementia. Fair	20 years	5 years 78 "	Epilepsy
1141	M.	Widower	Imbecility. Bad	5 months	208 "	Natural Decay
398	F.	Married	Melancholia	Not known	12 years 283 "	Cancer of the Breast
1192	M.	Married	Mania. Bad. Paralysis	14 days	46 "	Apoplexy and Paralysis
1176	M.	Married	General Paralysis. Bad. Anasarca	Not known	104 "	General Paralysis
851	F.	Single	Mania. Anæmic	Not known	3 years 113 "	Phthisis. Rupia
1094	M.	Widower	Chronic Mania. Fair	6 years	1 year 27 "	Phthisis
1223	F.	Single	Mania. Exhausted	14 days	16 "	Maniacal Exhaustion & Erysipelas
712	M.	Single	Chronic Mania. Epilepsy	6 years	5 years 119 "	Epilepsy
947	M.	Single	Idiocy. Weakly	From birth	2 years 175 "	Epilepsy
1245	M.	Single	Acute Mania. Weakly	7 days	17 "	Mania and Typhoid Exhaustion
110	F.	Widow	Melancholia. Feeble	Not known	24 years 209 "	Mania and Anasarca
1110	M.	Married	Acute Melancholia. Fair	Not known	1 year 98 "	Mania and Diarrhoea
921	M.	Married	Melancholia. Weakly	7 days	3 years 6 "	General Paralysis
817	F.	Single	Mania. Fair	Not known	4 years 85 "	Disease of the Heart
1237	F.	Single	Melancholia. Weakly	10 days	122 "	Phthisis
1243	M.	Married	Mania. Emaciated	12 months	101 "	Mania and Disease of Brain
1258	M.	Married	Mania. General Paralysis	6 weeks	56 "	General Paralysis and Bronchitis
1219	M.	Married	Chronic Mania. General Paralysis	3 years	181 "	General Paralysis
1233	M.	Married	Mania. General Paralysis	1 year	157 "	Softening of Brain. Apoplexy
1279	F.	Single	Acute Mania. Febrile. Exhausted	5 weeks	7 "	Maniacal Exhaustion

TABLE VIII.
PAUPER DIETARY.

BREAKFAST.	MALES.	FEMALES.
EVERY DAY.	Milk Porridge or Coffee, with 4oz. of Butter for 12 Patients. . . 1½ pt. Bread . . . 7 oz.	Tea, Coffee, or Porridge . . . 1 pt. Butter for 12 Patients 4 oz. Bread . . . 6 oz.
DINNER.	Roast Meat, free from Bone . . . 6 oz.	. . . 5 oz.
SUNDAY.	Bread . . . 4 oz.	. . . 4 oz.
	Vegetables . . . 16 oz.	. . . 12 oz.
	Beer . . . ½ pt.	. . . ½ pt.
MONDAY.	Pease Soup . . . 1½ pt. Bread . . . 6 oz. Beer . . . ½ pt.	. . . 1 pt. . . . 5 oz. . . . ½ pt.
TUESDAY.	Suet Pudding . . . 16 oz. Treacle Sauce . . . 2 oz. Beer . . . ½ pt.	Rice Pudding . . . 12 oz. Bread . . . 5 oz. Cheese . . . 1 oz. Beer . . . ½ pt.
WEDNESDAY.	Boiled Meat, free from Bone . . . 6 oz. Bread . . . 4 oz. Vegetables . . . 16 oz. Beer . . . ½ pt.	. . . 5 oz. . . . 4 oz. . . . 12 oz. . . . ½ pt.
THURSDAY.	Irish Stew . . . 1½ pt. Bread . . . 6 oz. Beer . . . ½ pt.	. . . 1 pt. . . . 5 oz. . . . ½ pt.
FRIDAY.	Meat in Pie, free from Bone . . . 5 oz. Pie Crust . . . 10 oz. Potatoes, sliced . . . 12 oz. Beer . . . ½ pt.	. . . 4 oz. . . . 8 oz. . . . 8 oz. . . . ½ pt.
SATURDAY.	Rice Pudding . . . 16 oz. Bread . . . 6 oz. Cheese . . . 1 oz. Beer . . . ½ pt.	Suet Pudding . . . 16 oz. Treacle Sauce . . . 2 oz. Beer . . . ½ pt.
SUPPER.	Bread . . . 6 oz.	Bread . . . 5 oz.
EVERY DAY.	Butter for 12 Patients 4 oz. Tea . . . 1½ pt. Or Bread, with Milk Porridge . . . 1½ pt.	Butter for 12 Patients 4 oz. Tea . . . 1 pt.

Irish Stew, made of Meat, Potatoes, Vegetables, &c.

Beer, 14 Gallons to the Bushel.

A Salad once a week.

Regular Workers in the Garden, Laundry, &c., have at 11 a.m., Bread, 4 oz., Cheese 1 oz., Beer ½ pint; at 4 p.m., Beer ½ pint.

TABLE IX.
NUMBER OF LUNATICS AND IDIOTS CHARGEABLE TO PARISHES IN THE COUNTY
AND BOROUGH OF NOTTINGHAM, ON THE 1ST JANUARY, 1862.

Unions.	In County and Boro' Asylum.			In other Asylums.			In Workhouses.			In Lodgings.			With Friends.			Total.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
1 Basford	36	19	55				8	12	20	1		1	7	11	18	52	42	94
2 Bingham	11	5	16				4	3	7		1	1		2		15	11	26
3 Doncaster	1	2	3													1	2	3
4 Gainsborough	2		2				1	2	3							3	2	5
5 Loughborough		2	2				1		1							1	2	3
6 Mansfield	17	8	25	1		1	9	5	14		2		4	6	10	31	21	52
7 Newark	9	12	21	2		2		7	7				1	1	2	12	20	32
8 Nottingham	37	46	83				39	46	85				16	23	39	92	115	207
9 Radford	15	21	36				3	7	10				6	3	9	24	31	55
10 Retford	11	8	19	1	1	2	4	10	14				8	9	17	24	28	52
11 Shardlow	4	2	6											1	1	4	3	7
12 Southwell	11	15	26				3	4	7							14	19	33
13 Worksop	8	2	10	2		2	3	6	9				2		2	15	8	23
County Patients	3		3													3		3
Out-County "	1	2	3													1	2	3
Total	166	144	310*	6	1	7	75	102	177	1	3	4	44	56	100	292	306	598
For previous Year	147	127	274	3	0	3	71	93	164	1	4	5	40	49	89	262	273	535
Increase ..	19	17	36	3	1	4	4	9	13				4	7	11	30	33	63

* Six of whom are at Lincolnshire Asylum.

ANNUAL ACCOUNT FOR 1861,

OF

Receipts and Payments

OF THE

COUNTY AND BOROUGH LUNATIC ASYLUM,

AT SNEINTON, NEAR NOTTINGHAM.

RECEIPTS.

			£	s.	d.	£	s.	d.
Balance in Treasurer's hands	1101	15	2			
„ Clerk's hands	44	16	9½			
„ Storekeeper's hands	27	13	5			
						1174	5	4½
From Sales of Pigs	108	16	3			
„ Plants	0	1	6			
„ Bones	4	11	8			
„ Old Stores	5	6	10½			
„ Rags	5	7	5			
						124	3	8½

MAINTENANCE ACCOUNT.

From Unions in the County and Borough contributing to the Asylum at 7s. 9d. and 8s. 3d. per week—

Basford	1019	18	9		
Bingham	333	14	4		
Doncaster	41	15	10		
Gainsborough	65	13	10		
Loughborough	51	10	4		
Mansfield	589	12	0		
Newark	155	19	3		
Nottingham	1469	16	8		
Radford	691	1	3		
Retford	360	13	7		
Shardlow	58	11	10		
Southwell	502	13	11		
Worksop	218	2	3		
							5559	3 10
Carried forward				6857	12 11

		£	s.	d.	£	s.	d.
Brought forward	...				6857	12	11
From Unions in other Counties and Places not contributing—							
Borough of Newark, at 12s. per week	...	356	2	7			
West Derby Union, 14s. „	...	29	2	0			
Shardlow Union, 14s. „	...	2	10	0			
Market Bosworth Union, 14s. „	...	3	4	0			
Leicester Union, 14s. „	...	4	16	0			
					395	14	7
From County Treasurer—							
For Vagrant Pauper Lunatics	...	76	0	0			
„ Criminal „	...	16	18	6			
					92	18	6
„ Buildings and Repairs	...	586	6	7			
„ Bedding and Furniture	...	264	19	3			
„ Rates, Taxes, and Annuity	...	45	6	7			
					896	12	5
From Borough Treasurer—							
For Buildings and Repairs	...	293	3	3			
„ Bedding and Furniture	...	132	9	8			
„ Rates, Taxes, and Annuity	...	22	13	4			
					448	6	3
From Repayments—							
For Funeral Expenses	...	23	12	0			
„ Allowances on Trial	...	3	10	0			
„ Clothing of Patients	...	1	15	0			
					28	17	0
Total Amount of Receipts	...				£8720	1	8

PAYMENTS.

SALARIES AND WAGES.

		£	s.	d.	£	s.	d.
Resident Medical Superintendent	...	400	0	0			
„ „ Assistant	...	59	5	8			
Chaplain	...	70	0	0			
Clerk	...	60	0	0			
Matron	...	59	8	2			
Storekeeper	...	44	13	4			
Attendants	...	417	3	10			
Servants—Indoor	...	121	13	3			
„ Outdoor	...	26	0	0			
„ Occasional	...	12	5	3			
Male Attendants' Uniform	...	25	0	0			
Female „ „	...	13	17	10			
					1309	7	4
Carried forward	...				£1309	7	4

	£	s.	d.	£	s.	d.
Brought forward	1309	7	4

PROVISIONS.

Ale	6	4	6
Arrow Root	3	3	0
Bacon	71	5	10
Beer—Malt	366	11	0
„ Hops	71	12	6
„ Brewer	32	0	0
Bread and Biscuits	0	7	7
Butter and Lard	204	12	5½
Cheese	88	15	1½
Coffee	42	16	1
Currants	7	15	11
Eggs	5	18	9
Fish, Poultry, &c.	3	10	5½
Flour	862	2	4
Meat	1211	9	0
Milk	211	3	0
Oatmeal and Peas	50	17	2
Potatoes, Vegetables, and Fruit	86	15	5
Raisins	1	12	4
Rice	33	6	0
Sugar—Loaf	4	17	0
„ Raw	88	10	0
Tea	117	1	9
Tobacco and Snuff	22	1	11
Treacle	1	7	0
Vinegar, Spices, &c.	17	16	4
Sundries	24	8	8½
				<hr/> 3638 1 2		

NECESSARIES.

Candles	6	3	4
Coals and Cobbles	382	8	6
Chimney Sweep	3	10	0
Gas	88	7	7
Oil	9	12	6
Soap	59	4	10
Soda	7	1	1
Starch and Blue	6	18	10
Water Rent	10	18	2
Wood for Firing	3	4	9
Sundries	18	9	3
				<hr/> 595 18 10		

Carried forward	£5543	7	
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	£	s.	d.	£	s.	d.
Brought forward	55	43	7 4

SURGERY AND DISPENSARY.

Drugs	37	8	5
Wine, Spirits, and Porter	30	14	6
Occasional Medical Assistance	1	1	0
				69	3	11

CLOTHING.

Braces, Handkerchiefs, &c.	2	5	11
Calico	47	8	9
Flannel, Tweed, &c.	47	17	4
Hats, Caps, &c.	2	16	0
Hosiery	12	15	0
Print, Gingham, &c.	80	6	8
Shoes	163	0	0
Tailor, and Men's Clothing Materials	94	18	6
Smallwares and Sundries	19	4	2
				470	12	4

FURNITURE AND BEDDING.

Bedsteads and Bedding	60	5	0
Blankets	27	0	0
Carpets, Matting, &c.	34	11	4
Chairs and other Furniture	63	11	0
Crockery	37	15	8
Culinary Utensils, Mats, Mopping, &c.	115	4	0
Sheeting	23	12	0
Straw, Twine, Ticking, &c.	36	8	2
Towelling	18	14	10
Sundries	7	9	7
				424	11	7

[Of this, £258 7s. 5d. is charged to Fabric, and
£166 4s. 2d. to Maintenance.]

FUNERAL EXPENSES.

Coffins	10	4	0
Bearers	8	0	0
Burial Fees	6	13	6
				24	17	6

BUILDINGS AND REPAIRS.

Blacksmith	44	2	0
Bricklayer	135	0	0
Carpenter	41	12	0
Carried forward	220	14	0
				65	32	12 8

				£	s.	d.	£	s.	d.
	Brought forward	220	14	0	6532	12	8
Cartage	3	11	7			
Engine Repairs	36	13	0			
Gravel	1	8	0			
Gas Tar	12	6	0			
Glazier	29	2	10			
Ironmonger	72	15	5			
Painter and Paint	6	0	8			
Plumber	56	4	2			
Stone Mason	8	12	9			
Timber	29	4	1			
Whitewashing	69	15	0			
Miscellaneous	26	14	2			
Rates and Taxes	40	8	8			
Insurance	8	4	6			
							621	14	10

GARDEN EXPENSES.

Pigs	62	13	9			
Implements	10	10	3			
Labour	56	8	0			
Seed	28	2	1			
Manure	10	12	3			
Pig Food and Grinding	2	18	6			
							171	4	10

MISCELLANEOUS.

Advertising, Printing, Books, Stamps, and Stationery	72	13	9 $\frac{1}{2}$			
Patients on Trial, &c.	10	5	7			
							82	19	4 $\frac{1}{2}$

Total Amount of Payments ... £7408 11 8 $\frac{1}{2}$

Balance in Treasurer's hands after payment of all Cheques drawn for 1861 Accounts	1247	2	10			
Balance in Clerk's hands	51	3	10 $\frac{1}{2}$			
„ Storekeeper's hands	13	0	3			
							1311	9	11 $\frac{1}{2}$
							£8720	1	8 $\frac{1}{2}$

Audited January 21st, 1862.

L. HEYMANN.

WILLIAM PAGE.

AVERAGE WEEKLY COST OF MAINTENANCE, MEDICINE, CLOTHING,
AND CARE OF PATIENTS DURING THE YEAR 1861.

						s.	d.
Provisions	4	9 $\frac{1}{4}$
Clothing	0	7 $\frac{1}{4}$
Salaries and Wages		1	8 $\frac{1}{2}$
Necessaries (<i>e.g.</i>) Fuel, Light, Washing, &c.				0	9 $\frac{1}{4}$
Surgery and Dispensary		0	0 $\frac{1}{2}$
Wine, Spirits, and Porter		0	0 $\frac{1}{2}$
Furniture and Bedding		0	2 $\frac{1}{2}$
Garden and Farm	0	2 $\frac{1}{2}$
Miscellaneous	0	1 $\frac{1}{4}$
Add for Fractions	0	0 $\frac{1}{2}$
						<hr/>	
						8	6
Less Monies received for Articles, Goods, and Produce sold (exclusive of those consumed in the Asylum)	0	2
						<hr/>	
Total Average Weekly Cost per head	8	4
						<hr/>	

Daily Average Number of Patients Resident, 293.

Weekly Charge for Paupers from Counties or Boroughs to which Asylum belongs, for 1861, 7s. 9d. first 6 months; 8s. 3d. second 6 months.

Ditto ditto for 1862, 7s. 9d. for Males and Females.

Ditto ditto from other Counties or Boroughs, 12s. and 14s.

GENERAL STATEMENT OF THE RECEIPTS & PAYMENTS ON ACCOUNT

FROM 1ST JANUARY

RECEIPTS.

	£	s.	d.
Balance in hand 1st January	1174	5	4½
RECEIPTS UNDER THE FOLLOWING HEADS, VIZ.			
1 From Interest on Monies invested	0	0	0
2 „ Sales and Produce of Labour	124	3	8½
3 Maintenance Account, viz.			
Private Patients	0	0	0
Pauper ditto { (1) From Counties and Boroughs to			
which Asylum belongs ..	5652	2	4
(2) From other Counties and Boroughs	395	14	7
4 From County and Borough Treasurers, under the follow- ing heads :—			
For Buildings and Repairs	879	9	10
„ Furniture and Fittings	397	8	11
„ Rates and Taxes	67	19	11
5 From Voluntary Contributions	0	0	0
6 Miscellaneous	28	17	0
Balance due to Treasurer 31st December	0	0	0
Total Receipts	£8720	1	8

FINAN

	£	s.	d.	£	s.	d.
Due by Unions in the County, for Maintenance of Patients, up to 31st December, 1861 ..	1612	2	5			
Due for Out-County Patients	121	11	1			
				1733	13	6
Due by County Treasurer—						
For Ordinary Repairs	382	1	1			
„ Bedding and Furniture, first six months ..	172	5	0			
„ Rates, Taxes, and Insurance	32	8	9			
				586	14	10
Due by Borough Treasurer—						
For Ordinary Repairs	191	0	7			
„ Bedding and Furniture, first six months ..	86	2	6			
„ Rates, Taxes, and Insurance	16	4	4			
				293	7	5
Balance on 31st December, 1861—						
In Treasurer's hands	1247	2	10			
„ Clerk's hands	51	6	10½			
„ Storekeeper's hands	13	0	3			
				1311	9	11½
				£3925	5	8½

			£	s.	d.
Balance due to Treasurer 1st January	0	0	0

1	Monies invested during the Year	0	0	0
2	Salaries and Wages	1309	7	4
3	Provisions (including all Articles of Diet, except Wine, Spirits, and Porter	3638	1	2
4	Wine, Spirits, and Porter	30	14	6
5	Necessaries (<i>e.g.</i> Fuel, Light, Washing, &c.)	595	18	10
6	Surgery and Dispensary	38	9	5
7	Clothing	470	12	4
8	Furniture and Bedding, first six months, to County and Borough	258	7	5
	second ,, to Maintenance	166	4	2
9	Funeral Expenses	24	17	6
10	Building and Repairs	573	1	8
11	Garden and Farm	171	4	10
12	Rates, Taxes, and Insurance	48	13	2
13	Miscellaneous	82	19	4½

Balance in hand 31st December	1311	9	11½
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Audited January 21st, 1862.

L. HEYMANN.

WILLIAM PAGE.

EMENT.

					£	s.	d.
Assets, 31st December, 1860	3964	8	$2\frac{1}{2}$
Decrease	(..	39	2	6

£3925 5 8 $\frac{1}{2}$

Audited January 21st, 1862.

L. HEYMANN.

WILLIAM PAGE.

